

Fun First Update February 2024

Fun-Friendship -Community

- Fun First is continuing to provide sessions for pre school children and their parents with sessions every day somewhere between Helensburgh, Cardross, Garelohead and Rosneath.
- All sessions are popular in particular Mondays in Helensburgh Library and Fitness sessions at Victoria Halls. This year's fitness sessions are supported by a generous grant from Argyll and Bute Supporting Communities Fund.
- In November all our leaders and committee members participated in First Aid for Mental Health training which proved to be extremely useful. We would highly recommend it to other organisations
- In March we will be participating in training to run Outdoor Sessions for parents and children with Under the Trees Outdoor Learning from Falkirk. We then hope to start regular outdoor sessions, initially in Helensburgh, to prepare children for the outdoor and forest school activities they will experience in both ELC settings and when they start school. We also hope this will further encourage young families to spend more time outside enjoying everything our beautiful area has to offer.
- We were delighted to receive a grant from the TSI Health and Wellbeing Fund to fund our Fun First Friends sessions this year. These sessions are not only for our current users, but also for expectant parents and families new to the area. They are held fortnightly in the Drumfork Community Centre family room. Relevant speakers are invited for a short presentation, refreshments are provided, children can use the soft play and above all friendships are made and relevant support and information shared. Signposting support is an important part of our service.
- We are currently recruiting for two new leaders and we are always looking for new and interested members of the community to join our committee.
- Our AGM will be on Wednesday 24th April at 7:30 on zoom. We encourage you to join us to find out more about our work and activities.
- Please contact contactfunfirst@gmail.com or our Chair sarahdaviesde@yahoo.co.uk for further information about our service or to receive the link for our AGM.

Sarah Davies

Chair Fun First -Tel 07845 193590

